



Children's Choice Educare September 2020 Newsletter



Monthly Theme: All About Me

This month your child will explore their likes and dislikes. They will also learn what their peers enjoy as well. Our goals for this unit are to provide activities and experiences tailored to enhance your child's self esteem, self value, and appreciation for themselves and others.



Reopening Updates

- The first month of 5 day weekly operation for Children's Choice Educare continues to be a small (but big) milestone for our school community. We would like to thank all of our families for their cooperation in following new school safety protocols and guidelines.
- As we move into a new school year with the Fall and flu season approaching, new guidelines from the County and State may develop dependent on the current public health crisis. Thank you for your patience in advance, as we may need to make adjustments to accommodate all the changes that we may encounter in the future.



The School Year Begins!

The 2020-2021 school year has begun! Welcome to all incoming Preschool and Kindergarten students!

Preschool Information:

- Currently, Ms. Rukhshana's and Ms. Sigrette's class are combined until school enrollment increases. Parents will be notified beforehand, if there are any changes to your child's teacher.

Kindergarten Information:

- Ms. Rosie is our Kindergarten teacher during morning instruction from 8:30 - 11:30 (Math & Reading).
- Please bring your child to school no later than 8:45AM, as the Kindergarten morning academic circle starts promptly at 8:45AM.
- If your child is enrolled in our Kindergarten program, please remember to provide updated immunization records and a Kindergarten Physical Exam performed after March 1st, 2020.



Healthy Habits at Home

All the children continue to create new friendships and adventures with their peers. As the children have gotten more familiar with their peers, they are also getting more lax with social and physical distancing.

- Please help to remind your children of the importance of social and physical distancing at school.
 - Our playground is marked with X's spread 6 feet apart, which helps children with visual cues on how physically distanced they need to be from one another.
 - Remind your child to "go on their X" and stay more than an "arm's-distance apart" when playing during outdoor recess.
 - To practice this at home, play a game at home using a measuring tape or a yardstick. Place it on the floor so everyone can learn how far six feet is. Now remove the ribbon or string and have each family member guess how long six feet is. The closest guess is the winner.

- Please help to practice proper hand-washing routines at home. At school we practice the 5 steps of healthy hand-washing:
 - Wet, Soap, Scrub, Rinse, Dry - Here is the link to the printable poster we use to help reinforce the handwashing steps we practice at school: <https://www.cdc.gov/handwashing/pdf/wash-your-hands-poster-english-508.pdf>
 - We also encourage children to scrub each individual finger, while counting their fingers from 1 - 10.

Reinforcing these routines at school, as well as at home, will encourage a good practice of the new social norms and health etiquette during this health crisis.



Mask Update

- Currently, Alameda County and Child Care Licensing Division has stated that children, 2 years to second grade age (8 years), in childcare/school are encouraged to wear masks, but not required. Given our experience with children, we know that it may be difficult for children to wear masks all day during school hours.
- We strongly encourage parents to bring masks on days when children have longer classroom periods, due to weather (rain, extreme heat) or unhealthy air quality conditions.
- If you wish to bring a mask for your child, we will now support your child in taking their mask on and off during indoor class periods.

*We do not recommend that children wear masks during outdoor recess, unless specifically instructed by a parent/guardian.



Teacher Schedules

Ms. Rukhshana	8:15 - 1:30
Ms. Sigrette	8:15 - 1:30
Ms. Rosie	8:15 - 11:30
Ms. Robin	8:15 - 5:00
Ms. Shamima	Afternoon
Ms. Ramzia	Afternoon
Ms. Frances	Afternoon

Our afternoon program is instructed by Ms. Robin and a partnering teacher. The partnering teacher will be rotated between Ms. Frances, Ms. Shamima, and Ms. Sophia.



Important Dates

9/7	Labor Day (School Closed)
9/13	Grandparent's Day
9/21	International Day of Peace
9/22	Autumnal Equinox



September Birthdays

Thiago Meraz	9/22
Kennedy Vo	9/23



Welcome and Welcome Back to Our School

Thiago Meraz	Ali Habad
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